Relevant Life

VOLUME 2 ISSUE 11 NOVEMBER 2013

INSIDE THIS ISSUE:

Events	2-3
For the Kids	4
Calendar	5
Prayer	6
Birthdays	7
Anniversaries	7
Contact Info	8

Pastor's Corner

Doing Life with God's Help

Do you ever feel stressed? Like no matter what you do it isn't right or good enough. Always or often feeling like you're between a rock and a hard place? I was talking about LCUs last week and that is "Life Change Units". And what that is, is based on was a research done on Human Stress and what that can do to a person. They gave a number relationship to the life experiences and evaluated their impact on our mental and emotional wellbeing, and rated them according to the stress they produced in our lives. And discovered Humanly Speaking if their number was to high a lot of people couldn't cope and would turn to things they thought helped with the emotional pain. We are constantly being bombarded with LCUs, stressors, all the time. And you know what it's not just bad stress, it could be good stress but still stress. But notice they used the term Humanly Speaking. **And I emphasize those words because our trust in** GOD can and will make a difference in how we are able to handle the things or LCUs they happen to us in life. Now with that in mind, I encourage you to read Psalm 46. There must have been times when the writer of this psalm felt like he was in a pressure cooker and couldn't get out. So he wrote the words of this psalm as he sought to deal with the stresses of his life.

PSALM 46

[1] God is our refuge and strength, always ready to help in times of trouble.

[2] So we will not fear when earthquakes come and the mountains crumble into the sea. [3] Let the oceans roar and foam. Let the mountains tremble as the waters surge! [4] A river brings joy to the city of our God, the sacred home of the Most High. [5] God dwells in that city; it cannot be destroyed. From the very break of day, God will protect it. [6] The nations are in chaos, and their kingdoms crumble! God's voice thunders and the earth melts! [7] The LORD of Heaven's Armies is here among us; the God of Israel is our fortress.

[8] Come, see the glorious works of the LORD: See how he brings destruction upon the world. [9] He causes wars to end throughout the earth He breaks the bow and snaps the spear; he burns the shields with fire. [10] "Be still, and know that I am God! I will be honored by every nation I will be honored throughout the world." [11] The LORD of Heaven's Armies is here among us; the God of Israel is our fortress.



Veteran's Day

We remember, honor and thank you for your service.

Veterans Day has its roots in what was called Armistice Day, the day when a peace agreement was signed with Germany ending World War I. Armistice Day was established with a proclamation by President Woodrow Wilson which reads in part: "Armistice Day will be filled with solemn pride in heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations." On June 1, 1954, Armistice Day was renamed Veterans Day to honor all U.S. veterans.

On Veterans Day this year, let us remember and honor those men and women who gave of themselves, and let us continue to pray for our men and women currently serving in the military.



Coffee Shop 6 - 9 PM

Join us December 14th for an evening of fun, fellowship and worship. Open mic every half hour. Board games, fun and laughter. Come hang out with us!



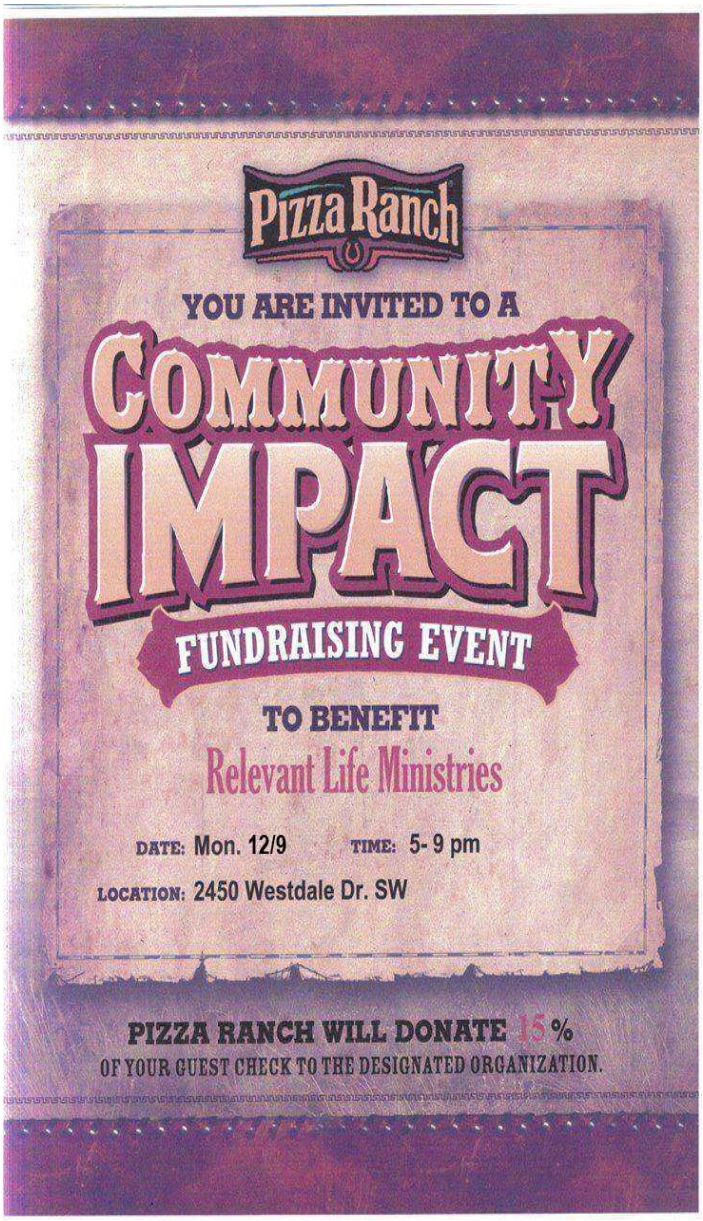
Mission of Hope Christmas Gift Drive

Grab an ornament from the Christmas tree in Fellowship Hall and help make someone's Christmas. Please have all gifts for Mission of Hope to the church no later than December 15th.

Dave Ramsey's Financial Peace University

Starts January 6, 2014!

"A life-changer! This totally transformed my life. Not just financially, but also as far as my values. This is fantastic and everyone should be required to go through this workbook. This would change/save America! " 5 STARS-Olivia's review.





+



Relevant Life Ministries

2nd Anniversary

Pot Luck

Join us immediately following the Worship service on Sunday November 24, 2013 for celebrating the church's second anniversary and giving of thanks for God's blessings. There is a sign up sheet at the In the Know Center in the Fellowship Hall.



Cornucopia

Cornucopia, a Greek word meaning "horn of plenty," has origins in Greek mythology. But the cornucopia became a religious symbol and was even stamped on Jewish coins. Overflowing horns, now common as Thanksgiving centerpieces, came to symbolize abundance and blessings.



Are you getting Email from Relevant Life?

If you are not receiving emails from RLM and would like to, please email your information to Jane at info@RelevantLifeCR.org.

FOR THE KIDS

THANKSGIVING candles

Brighten your dinner table with these festive candle holders.

What you need:

- An adult's help
- Miniature pumpkins (palm size)
- Tea light candles
- Pencil
- Sharp knife
- Spoon

What you do:

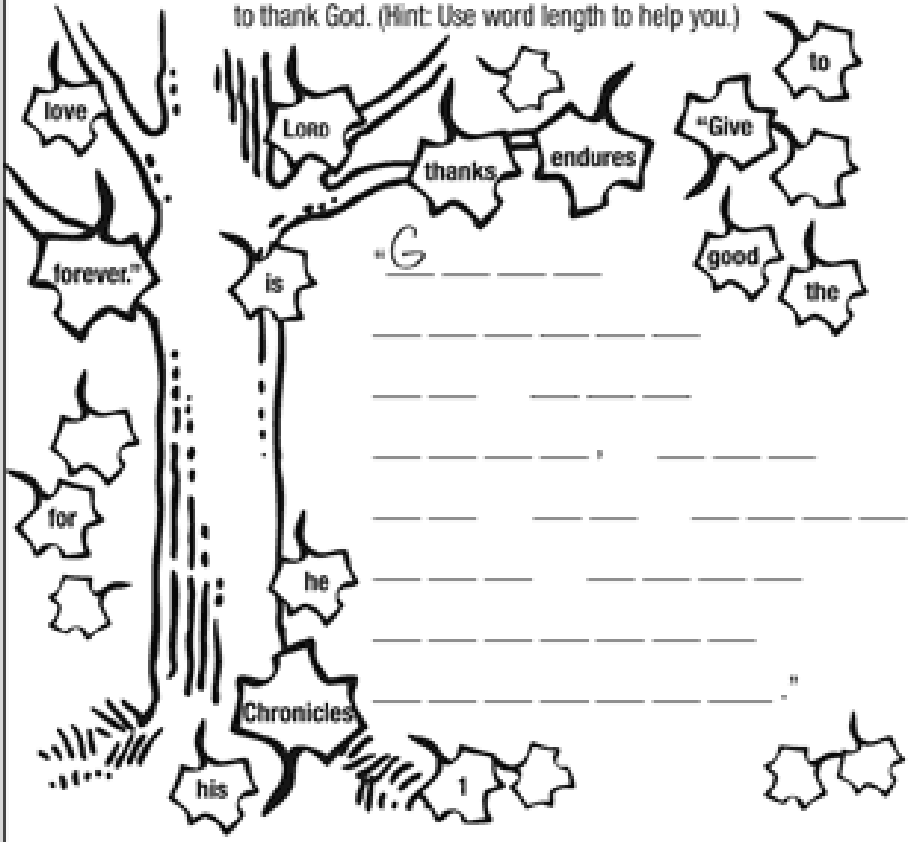
1. Place a candle on top of each miniature pumpkin and trace around the candle's base.
2. Have an adult cut around the circle.
3. Scoop out the pulp and seeds.
4. Place a candle inside. Keep scooping, if necessary, so the candle sits inside the pumpkin nicely.
5. Decorate your dinner table with the pumpkins. Have an adult light the candles for you.

PUZZLE

Why we're thankful

Leaves falling from trees are a sign of autumn's arrival. Giving thanks to God is a sign of our gratitude for his many blessings.

Directions: Using the words in the leaves, discover why it's good for us to thank God. (Hint: Use word length to help you.)



Answers: "Give thanks to the LORD, for he is good; his love endures forever." 1 Chronicles 16:34, NIV

November 2013

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 Worship 10 AM Sunday School 10 AM An Evening of Hope & Prayer at New Covenant 6 PM	4	5 Men's Breakfast 8 AM Collins Rd. Hy-Vee Leadership Team Meeting 6:30 PM	6 One Thing Youth Ministry Men's & Women's Bible Study 6:30 PM	7 Prayer Team & Worship Practice 6:30 PM Billy Graham My Hope for America	8 Orange Track Racing Setup 4 PM	9 Orange Track Racing 9:30 AM Mission of Hope Coffee Shop 6 - 9 PM
10 Worship 10 AM Sunday School 10 AM RLM Ministry Fair (following worship)	11	12 Men's Breakfast 8 AM Collins Rd. Hy-Vee	13 One Thing Youth Ministry Men's & Women's Bible Study 6:30 PM	14 Prayer Team & Worship Practice 6:30 PM	15	16
17 Worship 10 AM Sunday School 10 AM	18	19 Men's Breakfast 8 AM Collins Rd. Hy-Vee Leadership Team Meeting 6:30 PM	20 One Thing Youth Ministry Men's & Women's Bible Study 6:30 PM	21 Prayer Team & Worship Practice 6:30 PM	22	23
24 Worship 10 AM Sunday School 10 AM 2nd Anniversary & Thanksgiving Potluck *basket items due	25	26	27 RLM 2nd Anniversary One Thing Youth Ministry Men's & Women's Bible Study 6:30 PM	28 Prayer Team & Worship Practice 6:30 PM	29	30

Prayer Corner

Healing

Linda Ford
Anna Perez
Duke Harland
Joey Overton
Kim Dye
Cherie Wallace
Matt Evans
Barb Pettie
Noah Brown
Heather W.

Peace & God's Will

Zyriah Schlitter

Safety

The Christian Motorcycle Association (CMA)
Taylor Neighborhood
People of the Philippines



Provision & Ministry

White Ribbon Day

A Veterans Day Prayer

God of all nations, you are our Strength and Shield. We give you thanks today for the devotion and courage of all those who have offered military service for this country …

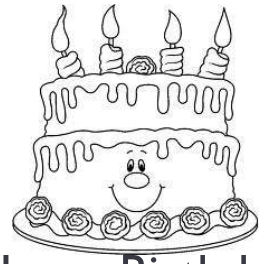
We ask today that you would lift up by your Spirit those who are now at war; encourage and heal those in hospitals or mending their wounds at home; guard those in any need or trouble; hold safely in your hands all military families and bring the returning troops to joyful reunion and tranquil life at home. Give to us, your people, grateful hearts and a united will to honor these men and women and hold them always in our love and our prayers until your world is perfected in peace and all wars cease. Through Jesus Christ, our Savior. Amen.

—Rev. Dr. Jennifer Phillips

Help Me Thanksgiving Day Prayer

O God, when I have food,
help me to remember the hungry;
When I have work,
help me to remember the jobless;
When I have a home,
help me to remember those who have no home at all;
When I am without pain,
help me to remember those who suffer,
And remembering,
help me to destroy my complacency;
bestir my compassion,
and be concerned enough to help;
By word and deed,
those who cry out for what we take for granted.
Amen.
Samuel F. Pugh





Happy Birthday November

11/1 Jennifer Olson
11/6 Allison Svestka
11/12 Katelyn Anderson
11/15 Isaiah Kelly
11/16 Natasha Fumia
11/17 Ben Beckman
11/18 Gloria Butler
11/19 Kaylia Richards
11/20 Patty Ramsdale
11/30 Kelly Gorrell



11/17 Terry and Diane Van Wyk

351 8th Ave. SW
Cedar Rapids, IA 52404

Office Hours: Tuesday, Wednesday & Thursday 10 AM - 3 PM

info@RelevantLifeCR.org
319-804-0859

www.RelevantLifeCR.org
facebook.com/RelevantLife
twitter.com/RelevantLifeCR
youtube.com/RelevantLifeCR

Pastor Chris
PastorChris@RelevantLifeCR.org

Pastor Terry
PastorTerry@RelevantLifeCR.org

Jared & Elizabeth Leversee
Worship & Youth Directors
PastorJared@RelevantLifeCR.org
PastorElizabeth@RelevantLifeCR.org

Relevant Relationships - Relevant Word of God - Relevant Life